

cojean **SUMMER**

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TO RECEIVE OUR WEEKLY SPECIALS**

INFORMATION



VEGAN



DAIRY FREE



ORGANIC



SUSTAINABLE
SEAFOOD



VEGETARIAN



GLUTEN FREE



FREE-RANGE
EGG



ANIMAL-DERIVED
GELATINE FREE



BREAKFAST

EVERY DAY UNTIL 11AM - RECIPES ON THE BLACKBOARD

EGG MUFFINS

MATURE CHEDDAR & EGG MUFFIN   £3.55

free-range omelette, mature cheddar, baby spinach, hollandaise sauce in a rustic bun.
served toasted.

BACON & EGG MUFFIN  £3.75

free-range omelette, bacon, emmental cheese, smoked barbecue sauce in a rustic bun.
served toasted.

GREEN TOAST

GREEN TOAST  £3.65

avocado, lime juice, coriander, organic toasted sesame seed on organic multigrain toast. *served toasted.*

SCRAMBLED EGGS

MUSHROOM & TOMATO SCRAMBLED EGGS    £3.75

free-range scrambled eggs, mushroom, crushed tomato, baby spinach, parsley.
served hot.

BACON & COMTÉ SCRAMBLED EGGS   £3.95

free-range scrambled eggs, bacon, comté cheese, parsley.
served hot.

PORRIDGE

MULTI FLAKES PORRIDGE  £2.60

organic rice, millet and buckwheat flakes, organic golden linseed, organic milk, apple compote, golden raisin, hazelnut. *served hot.*

CHIA SEED & ALMOND MILK PORRIDGE   £2.95

organic chia seed, organic almond milk, organic banana, blueberry, maple syrup, organic pumpkin seed. *served hot or cold.*

JUICE-BAR

PRESSED FRUIT & VEGETABLE JUICES FRESHLY MADE TO ORDER

£4.55

350ml - 100% fruit and vegetables.

TO BE MIXED AS YOU WISH:

CARROT  - ORANGE  - APPLE  - GINGER  - TURMERIC 

MIXED FRUIT JUICES FRESHLY MADE TO ORDER

£4.75

350ml - 100% fruit.

BERRY BOOST  - açai, raspberry, banana, apple.

EARLY DAWNING - organic pineapple, organic apple, fresh mint.

MIDDLE SUMMER'S SPRING  - pineapple, strawberry, apple.

SECRET GARDEN  - strawberry, banana, kiwi, apple.

MIXED FRUIT & VEGETABLE JUICES FRESHLY MADE TO ORDER£4.95

350ml - 100% fruit and vegetables.

GREEN MANGO 🍌 - spinach, mango, pineapple, ginger, apple.

GREEN POWER 🍌 - spinach, cucumber, apple.

SUPERHULK 🍌 - kale, banana, pineapple, orange, chia seed.

YOUNG BLOOD 🍌 - beetroot, strawberry, pineapple, apple.

ACAI BOWL£6.95

ACAI BOWL 🌱 🌾

organic açai, organic banana, raspberry, blueberry, granola (walnut, cashew nut, coconut, pumpkin seed, cranberry).

BUBBLE TEAS 🌱 🌾

350ml - aromatic green tea and tapioca pearl, with or without organic oat drink.

CLASSIC JASMINE - LIME - OAT MATCHA£4.15

ICED LATTE

350ml - can be made using organic whole or semi-skimmed cow milk or soya drink or oat drink£2.40

HOT DISHES

WEEKLY RECIPES ON THE BLACKBOARD

VEGETARIAN LASAGNE 🌱£7.30

HOT DISH£7.90

VEGAN HOT DISH 🌱£7.90

SOUPS

WEEKLY RECIPES ON THE BLACKBOARD

HOT 🌱 🌾£3.95

300ml – fresh soups made daily using organic vegetables.

100% suitable for vegetarians, dairy free (excluding some cheese based recipes) & gluten free.

COLD£3.95


GAZPACHO 🌱

tomato, cucumber, orange pepper, bread, olive oil, sherry vinegar.

SALADS

VEGETARIAN

MELON   £2.95

CHICKPEA SALAD   £4.05

grilled chickpea with curry, courgette, cherry tomato, avocado, dill, mint, cumin, lemon juice, olive oil.

AUBERGINE & GOAT CHEESE SALAD  £4.95

organic bulgur, aubergine, tomato, goat cheese ball, red onion, coriander, olive oil and honey sauce.

ORANGE SUPERFOOD SALAD   £4.95

organic red, white and black quinoa, broccoli, white radish, edamame, cherry tomato, mint, parsley, organic red berry vinegar, sun-dried tomato hummus.

SUPER GREEN SALAD  £4.95

organic green lentil, broccoli, fennel, celery, redcurrant, lemon, red onion, ginger, grilled watermelon seed with soya, lemon juice, spirulina pesto.

POACHED EGG & RATATOUILLE SALAD    £5.05

free-range poached egg, ratatouille, mangetout, green bean, tomato, green olive, gran moravia, dill, olive oil.

THAI VEGGIE SALAD  £5.05

marinated tofu, carrot, green cabbage, red onion, coriander, ginger, lime, soya sauce, sesame oil.

PASTA

ORZO PASTA SALAD  £4.95

orzo pasta, courgette, gran moravia cheese, tomato tartare, chive, lemon, lemon juice, olive oil.

MEDITERRANEAN PASTA SALAD  £4.95

conchiglie pasta, mozzarella di bufala, ratatouille, cherry tomato, black olive, pine nut, basil, basil pesto.


TZATZIKI PASTA SALAD  £5.05

fusilli pasta, ASC smoked salmon, cucumber, chive, lemon juice, creamy dill sauce.

MEAT & FISH

THAI CHICKEN SALAD   £5.15

chicken fillet, carrot, white cabbage, green cabbage, red onion, golden sesame, coriander, ginger, lime, soya sauce, sesame oil.

CHICKEN VERDE SALAD  £5.15

grilled chicken fillet, green pea, edamame, radish, fennel, parsley, rocket cream.

CHICKEN & PESTO ROSSO TABBOULEH SALAD £5.60

organic bulgur, marinated chicken fillet with pesto rosso, tomato, lemon, red onion, parsley, basil, coriander, lemon juice, olive oil.

NORI SALMON BOWL SALAD    £7.35

ASC smoked salmon, avocado, herb cheese ball, baby spinach, nori, redcurrant, dill, large pot of ponzu and sesame oil vinaigrette.

SANDWICHES

MINI

MINI HAM & CHEESE £2.50

ham, emmental cheese, gherkin, butter in a mini rustic baguette.

MINI VEGAN CHEESE & HERBS  £2.65

sun-dried tomato, black olive, rocket, cashew nut and organic tofu spread with herbs in a mini rustic baguette.

MINI COPPA & BASIL PESTO  £2.85

coppa, sun-dried tomato, baby spinach, basil pesto in a rustic baguette.

MINI MOZZARELLA & GRILLED VEGETABLES  £3.05

mozzarella di bufala, rocket, grilled vegetables spread, basil pesto in an organic poppy seed roll.

MINI TURKEY & EMMENTAL £3.25

turkey, emmental cheese, cherry tomato, mustard sauce in an organic multigrain roll.

RUSTIC BAGUETTES

ITALIAN BAGUETTE £4.25

cured ham, parmesan, sun-dried tomato, rocket, basil, artichoke spread in a rustic baguette.

CHICKEN VERDE BAGUETTE £4.25

chicken fillet, mozzarella, baby spinach, basil pesto in a rustic baguette.

PARISIAN BAGUETTE £4.25

ham, emmental cheese, chervil, tartare sauce in a rustic baguette.

PITAS

GREEKY PITA  £3.05

chickpea, tomato tartare, black olive, red onion, dill, greek yoghurt sauce in a whole wheat pita bread.

CHICKEN & GUACAMOLE PITA  £3.35

chicken fillet, edamame, fennel, tomato tartare, lemon juice, guacamole, coriander in a whole wheat pita bread.

WRAPS

CAESAR WRAP £4.65

chicken fillet, parmesan, tomato, rocket, chervil, caesar sauce in a tortilla wrap.

TURKEY CLUB WRAP £4.65

turkey, bacon, emmental cheese, tomato, red onion, rocket, basil, tomatade, pepper sauce in a tortilla wrap.

TOASTIES

WEEKLY RECIPES ON THE BLACKBOARD

VEGGIE  £5.55

in organic whole grain bread.

CLUB £5.75


in organic sesame seed bread.

DESSERTS

FRUIT








FRUIT SALAD	£2.25
mixed chopped fresh fruit.	
PINEAPPLE	£2.65
MANGO	£2.65
FRUIT MIX	£2.95
mixed chopped fresh fruit.	

SMALL SWEET TREATS

COCONUT RICE PUDDING - COJEAN 	£2.25
coconut rice pudding, oat cream.	
LEMON TART IN-A-POT 	£2.25
lemon cream, whipped cream on an almond crumble.	
RASPBERRY TART IN-A-POT 	£2.25
pistachio mousse on an almond crumble, raspberry coulis, raspberry.	
MOUSSE AU CHOCOLAT  	£2.35
BIRCHER MUESLI 	£2.55
organic oat flake, hazelnut, apple, coconut milk, maple syrup, raspberry, mint.	

BLACKCURRANT BIRCHER MUESLI 	£2.55
organic oat flake, hazelnut, apple, coconut milk, maple syrup, blackcurrant puree, blueberry, mint.	
NUSH YOGHURT  	£2.90
cashew milk dairy free yoghurts: vanilla or strawberry.	
CHIA SEED & ALMOND MILK PORRIDGE  	£2.95
organic chia seed, organic almond milk, organic banana, blueberry, maple syrup, organic pumpkin seed. <i>served hot or cold.</i>	
COCO PARADISE  	£3.45
coconut yoghurt, fresh fruit.	
STRAWBERRY COCO PARADISE  	£3.65
coconut yoghurt, fresh fruit, candied strawberry coulis.	
GRANOLA COCO PARADISE  	£3.85
coconut yoghurt, fresh fruit, agave nectar granola (walnut, cashew nut, coconut, pumpkin seed, cranberry).	

PASTRIES, BREADS & CAKES

SMALL MULTIGRAIN WHOLEMEAL BREAD ROLL 	£0.30
COOKIES  milk chocolate or white chocolate.	£1.25
CROISSANT	£1.25
PAIN AU CHOCOLAT	£1.35
LE PETIT CANELÉ  little caramelised rum and vanilla flavoured cake.	£1.45
PASTEL DE NATA  little vanilla flan on a flaky pastry base.	£1.50
OATMEAL COOKIES   lemon & chia seed or multigrain.	£1.65
CINNAMON ROLL	£1.65
CAKES  carrot, lemon poppyseed, marble, pistachio-chocolate.	£1.95

MILKY

WHOLE MILK YOGHURT lemon, raspberry, blueberry.	£1.65
YOGHURT WITH RASPBERRY COULIS reduced fat yoghurt, raspberry coulis, raspberry.	£2.20
YOGHURT WITH BLUEBERRY & HONEY reduced fat yoghurt, blueberry, honey, organic pumpkin seed.	£2.20

DRINKS

COLD





COCA COLA 330ml classic, diet, zero.	£1.20	CHARITEA 330ml  organic infusions: ginger & lemon green tea, lemon black tea, passion fruit & elderflower rooibos, mate.	£2.60
EVIAN 500ml natural mineral water.	£1.40	KARMA COLA 330ml  organic soft drinks: ginger ale, cola, lemony lemonade.	£2.60
ARIZONA 330ml tea flavoured drinks: green tea honey, green tea pomegranate, black tea peach, black tea lemon.	£1.50	COJEAN COCONUT WATER 330ml 100% coconut water.	£2.90
BADOIT 500ml slightly sparkling natural mineral water.	£1.50	WATER WORKS 330ML 330ml 100% natural drinks with a touch of cranberry: watermelon, cactus.	£2.90
EVIAN 750ml natural mineral water.	£1.80	NOA 314ml functional drinks containing green tea and melissa extracts: lingonberry-spurce, blueberry-birch, elderflower-rhubarb.	£2.90
MOJU COLD-PRESSED BOOSTERS 60ml cold-pressed boosters: ginger, habanero, matcha, turmeric.	£2.25	COJEAN COLD-PRESSED JUICES 250ml cold-pressed fruit and vegetables juices, stabilised at high pressure.	£2.95
ALOE 500ml aloe vera drinks: lime, litchi, original.	£2.40	WOW CHIA 250ml a blend of cold-pressed fruit juice and hydrated chia: orange, carrot & mango, apple, spinach & kiwi, water melon & pomegranate.	£2.95
EVIAN FRUITS & PLANTS 370ml  natural mineral water with a unique pairing of fruits & delicate botanicals: lemon juice-elderflower, grape juice-rose, raspberry juice-verbena.	£2.55	WOW DARK DETOX 250ml activated charcoal, cold-pressed juice, agave and filtered water: lemon, raspberry.	£2.95
LEMONAID 330ml  organic lemonade: lime, blood orange, passion fruit.	£2.60	CAPTAIN KOMBUCHA 400ml  organic naturally bubbly probiotic drinks: original, coconut, raspberry.	£3.40

DRINKS

HOT
























all our hot drinks can be made using organic whole or semi-skimmed cow milk or soya drink or oat drink.



ESPRESSO, ESPRESSO MACCHIATO	£1.30
AMERICANO, WHITE AMERICANO	£2.00
LARGE AMERICANO	£2.00
DOUBLE ESPRESSO	£2.00
LATTE, FLAT WHITE, CAPPUCCINO	£2.40
LARGE WHITE AMERICANO	£2.40
CHAI LATTE 	£2.70
MATCHA LATTE 	£2.70
TURMERIC LATTE 	£2.70
TEAS 	£1.90
english breakfast, earl grey, green, peppermint.	

SNACKS

OSHIBORI	£0.40
fresh green tea-scented wipe.	

PROPERCORN  	£0.90
hand-popped corn: sweet & salty, lightly sea salted.	
TYRRELLS CRISPS  	£0.90
hand-cooked english crisps: sea salt, sea salt & vinegar.	
EMILY VEG CRISPS  	£1.45
dried veg: crunchy sweet potato, carrot & beetroot, crunchy french beans, sugar snap peas & black edamame.	
ENERGY BALLS - COJEAN   	£1.90
organic vegan and gluten free raw energy balls: red berries & amaranth, matcha & ginger, coconut.	
BUCKWHEAT GALETTES  	£2.00
6 thin buckwheat galettes from belle-île-en-mer.	
RHYTHM 108   	£2.20
organic vegan and gluten free chocolate bars: hazelnut & praline, super coconut, sweet & salty almond.	
LITTLE MIRACLES   	£2.20
organic vegan and gluten free bars: top six seed, top five nut.	
GETRAW   	£2.40
organic vegan and gluten free raw bars: raspberry, toffee-hazelnut, chocolate-walnut, liquorice.	
CRACKERS   	£2.90
organic vegan and gluten free crackers: 4 seed saltine, coconut & chia.	
REUSABLE COTTON BAG	£3.50
natural cotton reusable bag to carry your lunch.	

TAKEAWAY PRICES ONLY



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cojean BERKELEY

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